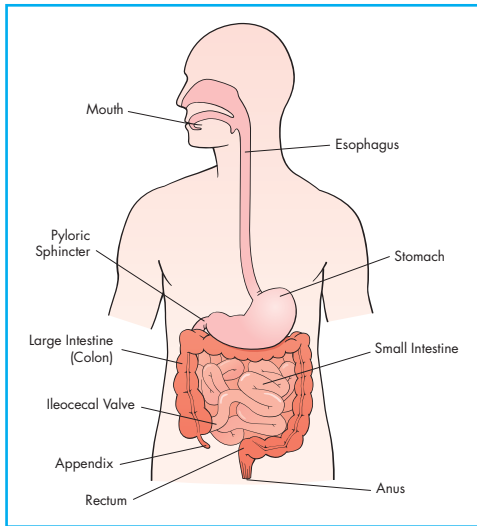


Your procedure has been scheduled for: \_\_\_\_\_ at \_\_\_\_\_

# PICO-SALAX<sup>®</sup> Patient Instructions



Please follow the instructions below as directed by your doctor. A special strong laxative is taken a day before your procedure; your physician recommends Pico-Salax<sup>®</sup> which is available at your local pharmacy. Drink plenty of clear fluids such as water, apple juice, white grape juice, Gatorade, black tea or coffee to help clean your bowel. You will need to be close to a toilet after you take this medicine as it can start working quickly.

## How to take PICO-SALAX

- You must take PICO-SALAX on the day before the hospital procedure.
- You must drink only clear, colourless fluids while you are taking PICO-SALAX<sup>®</sup> (examples: water, white Gatorade, white grape, apple or cranberry juice, ginger ale, clear tea or coffee, broth). Avoid milk products and anything else that you can't see through.
- It is important to drink a large glass (250 mL / 8 oz.) of water or other clear fluid **EVERY HOUR** while this medicine is working.

